Full Report (All Nutrients) 45023413, SHOPRITE, BAKED WHEAT SNACKS, SNACK CRACKERS, REDUCED FAT, UPC: 041190032860

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer WAKEFERN FOOD CORPORATION

Nutrient	Unit	Data points	Std. Error	29.0 g 29g	1 Value Per100 g
Proximates					
Energy	kcal			130	448
Protein	g			2.00	6.90
Total lipid (fat)	g			3.50	12.07
Carbohydrate, by difference	g			22.00	75.86
Fiber, total dietary	g			2.0	6.9
Sugars, total	g			4.00	13.79
Minerals					
Iron, Fe	mg			1.08	3.72
Sodium, Na	mg			230	793
Vitamins					
Lipids					
Fatty acids, total saturated	g			0.499	1.720
Fatty acids, total monounsaturated	g			1.001	3.450
Fatty acids, total polyunsaturated	g			2.001	6.900
Fatty acids, total trans	g			0.000	0.000
Cholesterol	mg			0	0

Amino Acids

Other

Ingredients

WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SOYBEAN AND PALM OIL (WITH TBHQ ADDED TO PRESERVE FRESHNESS), SUGAR, CORNSTARCH, SALT. CONTAINS 2% OR LESS OF: MALT SYRUP (FROM BARLEY AND CORN), INVERT SUGAR, WHEAT GLUTEN, VEGETABLE COLOR (ANNATTO EXTRACT, TURMERIC EXTRACT), SODIUM SULFITE. Date Last Updated by Company: 06/10/2015